

SOUTH CAROLINA DEPARTMENT OF MENTAL HEALTH



Charleston Dorchester Mental Health Center (CDMHC)

Presenter: Jennifer Roberts, LPC, CPM Executive Director Charleston Dorchester Mental Health Center

DMH INPATIENT HOSPITALS AND NURSING HOMES



COMMUNITY MENTAL HEALTH CENTERS





- **Established in 1928**
- One of the largest of the 16 Centers operated by SCDMH
- **CARF** Accredited
- Currently approx. 273 staff
- ➢Approx. \$21 million budget
- Approx. 8600 patients we serve annually (1600 children/5000 adults)
- Serve over 10,000 citizens (not all opened to center) per yr.
- Same day access no appointments necessary for initial assessments/walk ins welcomed between 9 and 3/M-F; Appointments appreciated.

- All schools in Chas. and Dorch Counties (CCSD, DD2, and DD4)
- Chas. Detention Ctr. embedded
- > DSS
- ≻ DII
- Fetter Clinic
- Charleston and Berk. Sheriff Dept.
- CPD, Mt. P. PD, N. Chas. PD Berkeley and Chas. County Sheriff, Summerville PD -embedded
- Dee Norton Lowcountry Children's Center embedded
- > OriginSC
- Charleston Center DAODAS
- SC Vocational Rehabilitation
- **SC** Probation, Pardon, and Parole
- Lowcountry Crisis Negotiators' team
- > NAMI
- > SC SHARE
- Mental Health Association
- > Dorchester Children's Center
- Chamber of Commerce
- > Access Health
- > Fetter Clinic
- > Charleston City
- Navigation Center
- > Chas. Fire Dept.

- Coastal Crisis Chaplaincy
- Charleston County Probate Court
- > MUSC; several depts
- Palmetto Behavioral Hospital
- Roper Saint Francis Hospital
- > Trident Hospital
- > Summerville Hospital
- East Cooper Hospital
- Ralph Johnson VA Hospital
- > Chas Cty EMS
- > Trident United Way
- > St. James Santee Healthcare Clinic
- > St. Paul's Healthcare Clinic
- > One80 Place
- Lowcountry Peer Support Team
- State & County EOCs
- Access Health Lowcountry Network
- > CJCC
- ≻ USC
- And many more...

WHERE WE ARE and WITH WHOM WE PARTNER -272+ partners....

Assessment Mobile Crisis (AMC)

- On May 1, 2017, the Assessment Mobile Crisis (AMC) team at Charleston Dorchester Mental Health Center (CDMHC) began a Telehealth Pilot Project with Charleston County EMS (CCEMS).
- Funded by an MUSC Telehealth grant, the pilot project was created in an effort to appropriately divert behavioral health patients from local Emergency Departments and hospitals.
- CCEMS uses the telehealth technology on most 911 calls which are identified as psychiatric in nature.



Assessment/Mobile Crisis Diversions July 2018-June 2019



Emergency Management Services (EMS) Telehealth Pilot Project

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7/12/19

Tricounty Crisis Stabilization Center (TCSC)

Appropriate level of care at the appropriate time by the appropriate staff; therefore:

- •Clinically appropriate emergency department (ED) diversion
- •Clinically appropriate inpatient hospital diversion
- •Legally appropriate jail diversion and triage option for law enforcement
- •Clinically and legally appropriate shortened length of stay (LOS) in ED, inpatient bed, jail

•Option for stepdown/transfer from ED, jail, inpatient hospital or transfer from Sobering Center (soon to be opened next door)







Tri-county Crisis Stabilization Center (TCSC) Diversions July 2018-June 2019



TCSC – 10 Bed Crisis stabilization center for adults in psychiatric crisis. A jail, ED, and hospital diversion program.

The Charleston community, through a funding partnership with MUSC, Roper Saint Francis, Charleston Center, the Charleston County Criminal Justice Coordinating Council, the Charleston County Sheriff's Office, the Berkeley Mental Health Center, and the Charleston-Dorchester Mental Health Center, opened a 10-bed center on June 5, 2017.

TCSC in addition to providing intensive psychiatric and clinical services, also offers adjunct services on site including PRS, CPSS, Care Coordination services, Vocational services/referrals and Entitlements (to include SOAR). As of June 2019, TCSC also started receiving referrals from Trident Hospital.

- Regional Case Mgt Teams (Chas) – serve most CDMHC patients; provide assessment, crisis, Ind. Tx., Group tx, Family tx.
- Intensive Community
 Treatment Teams provide
 services to those with more
 intensive needs; often provided
 in homes.
- Mental Health Court Jail diversion program in Chas. that provides treatment and support services to people with misdemeanor or non-violent offenses; emphasis on recovery vs. incarceration.
- Short Term Outpatient focused short term treatment; up to 12 wks

 Dual Dx (Dorch) – provide tx services to patients dx'ed with mental health and A and D needs.

Adult Treatment Services/Programs

- NAVIGATE/New Directions -2 teams providing services to those 15-40 who have experienced their First Episode of Psychosis in the last 2 years – Services include:
- medication mgt
- individual resiliency training
- care coordination
- family education
- individual and group therapy
- vocational services
- certified peer support

- Highway to Hope RV parks in Edisto, Mt. P., McLellanville, Hollywood, and One80 Place providing services to those with limited or no access to treatment.
- Jail Services team provides mostly SI/HI assessments, meds, to the inmate population at the jail. Jail liaison helps connect inmates with svs. upon leaving the jail.

Adult Treatment Services/Programs

- First Responder Support Team (FRST)- Located in its own location - Specialized treatment svs. for first responders and their families; fire, LE, EMS, coroner, etc. are available.
- Crime Victim Counseling Support Unit – MHPs stationed in Mt.
 Pleasant PD, N. Chas. PD, Chas.
 Cty Sheriff's Office, and
 Summerville PD providing training to staff and treatment to victims of domestic violence and other crimes.
- Mother Emanuel Empowerment Center (MEEC) – providing treatment to the survivors, families, and congregation of the tragic shooting at the church in 2015.

Adult Treatment Services/Programs

- Individual Placement and Support (IPS) – an evidenced based vocational program that helps patients acquire and maintain competitive employment; a SC Voc collaborative.
- Entitlements staff onsite in Chas clinic assisting patients with getting Caid/Care, food stamps, voter registration, etc.
- Certified Peer Support Services (CPSS) – CPSS's use recovery tools, personal recovery stories, and community networking to support patients/peers in recognizing the opportunities of living the lives they want to live.

Adult Adjunct Services and Programs

 Homeshare – This program integrates patients into community households that are willing to share their homes.

These providers receive support and training from MHPs to assist them in being successful in supporting people with mental illness living with them.

- Housing Assistance CDMHC receives federal funding to assist with the housing needs of our patients.
- NAMI support groups

Adult Adjunct Programs and Services

- Homeless Outreach A MHP works with the Chas. Homeless Coalition to work with the homeless, provide treatment, referrals, and assist with finding/funding housing; staff works out of One80 Place, the Navigation Center, TCSC, and in the community.
- Jail Transition Staff A MHP works in the Al Cannon Detention Center to assist inmates being released from incarceration with getting connected to services (treatment or otherwise)

- Other PATH services:
- Care Coordination
- Certified Peer Support
- SOAR Specialist
- Entitlements
- Vocational Services

PATH (Patient Assistance with Transitions and Homelessness)

*A community collaborative outreach project (Roper, MUSC, Chas. Ctr, EMS, CPD, Fetter, CDMHC, Lowcountry Food Bank, Access Health...)

*Improve health outcomes and reduce crime

*Every Wed. at Mall Park – a street medicine team connects the downtown community to primary care, mental health, and substance use svs.

*Free fresh fruits and veggies are provided to engage residents



Growing healthy communities

FARMACY

 School Based – 2019-20 School Year – In all schools (excluding most Charters) in Chas. and Dorch. Counties; housed in schools up to 5 days/wk

(SB Telepsychiatry services started for both counties in Sept. 2019)

 DNLCAC and DCAC – CDMHC staff provide forensic and mental health assessments to children who are victims of sexual or physical abuse. Housed in DNLCC

- DSS staff work with DSS clients in an effort to reunify them with their families or family preservation with foster and/or adopted children.
- Family Violence Unit CPD staff embedded at CPD providing treatment to adults and children

 DJJ – A team of MHPs stationed at DJJ and Schools provide treatment to DJJ clients and their families Children/Family Services/Programs/ Locations

- Psychiatric Medical Assessments

 MD's provide medical assessments, meds, and follow up for patients. Psychiatrists provide services at our clinics, in our RV, and at full time schools in Chas. They also go out with the ICT teams to provide in home care.
- Starting the transition to all School Based telepsych services for Charleston and Summerville
- Residents Clinic CDMHC hosts approx. 20 residents annually as part of the MUSC training program.

Medical Services

- Nursing Services CDMHC's medication clinic provides a full compliment of psych nursing care to patients.
- Nurses also serve some patients in their homes.
- Some pts receive MMO services/no tx.

- Fetter Health Clinic
 Primary Care We have an APRN providing services to patients 1 day/wk in the Chas clinic.
- PAP program helps pay for medications

- A Fetter Dental RV is stationed at the Chas. Clinic every other month with services available Mon., Wed, and Fri.
- Mental Health Heroes assists with paying for patient meds also

Primary Care and Medication Assistance

- **CIT Training** CDMHC and NAMI have a collaborative training with local Police depts and Sheriff's Depts to better train officers to interact with people with a mental illness
- Lowcountry Negotiators Training CDMHC mobile crisis staff and local law enforcement agencies train together quarterly
- CDMHC and Chas Center ongoing shared agency trainings re: mental health and alcohol and drug symptoms and treatment
- Lowcountry Mental Health Conference World renowned speakers for a 2 day event offering 15+ CEUs annually hosted by CDMHC and MHH
- Child and Adult MH First Aid trainings provided free of charge to community

Training Collaboratives

CDMHC and MHH host a national scale conference annually as a fundraiser for MHH to support its mission to assist the patients of CDMHC.

In it's 8th year, we had over 80 sponsors/vendors and 1500 attendees on August 1-2, 2019 at the Gaillard Auditorium.

Visit our conference website for more info: http://www.lowcountrymhconference.com/



Lowcountry Mental Health Conference

- Mental Health Heroes (MHH) is CDMHCs supporting non-profit organization created in 2008.
- MHH funds support CDMHC's mission and patients.
- Housing assistance, medications, vocational needs, physical needs, other financial emergencies, educational scholarships, etc. are provided for patients.
- Community education around anti-stigma and mental illness is also supported through MHH.

Mental Health Heroes (MHH)

- CDMHC participates in a number of community suicide awareness/mental health events annually (Farmer's Markets, parades, First Day Festival...)
- We provide mental health education and training to schools, rotary clubs, churches, businesses, etc.
- CDMHC participates in Health Expos, conferences...
- Art of Recovery CDMHC hosts this 2 wk. event held annually as part of the Piccolo Spoleto Festival
- Numerous news events and newspaper articles on mental health issues
- CDMHC staff participate in numerous community trainings upon request

Community Outreach/ Spreading the word/reducing stigma about Mental Illness



Access to Care Take Aways...



- Assessment/Mobile Crisis: Emergency mental health assistance and/or assessments are available 24/7, 365 days/year (in all 46 counties in SC)
- Over 130 Access points for mental health care in Chas and Dorch Counties
- Most children are served in their schools, which makes it easier for families to participate
- Both clinics (Charleston and Summerville) offer same day/walk in appointments for routine assessments Monday – Friday from 9-3. Appointments appreciated, but it doesn't have to be an emergency to get help today!
- Tricounty Crisis Stabilization Center open 24/7 for emergency psychiatric needs for adults
- Call us anytime!



The Charleston Clinic

2100 Charlie Hall Boulevard Charleston, SC 29414 Ph: 843-852-4100

The Dorchester Clinic

106 Springview Lane Summerville, SC 29485 Ph: 843-873-5063

The Business Office

2090 Executive Hall Blvd. Ste. 140 Charleston, SC 29414 Ph: 843-212-8980

Assessment/Mobile Crisis/Charleston Clinic Intake Ph: 843-414-2350

TriCounty Crisis Stabilization Center and Triage Service Ph: 843-953-2390

Visit our Website: <u>Https://Charlestondorchestermhc.org</u>

CDMHC Contact Info



Questions??