



2018 TRI-COUNTY HEALTH SYMPOSIUM

2018-2023 Tri-County Health Improvement Plan: Overview of Behavioral Health Section

Co-Chairs:
Robert DuPont
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The long-term aspirational goal of Healthy Tri-County is to improve the health and well-being of every person and community in Berkeley, Charleston and Dorchester counties.

GET SOCIAL!



#healthytricity

OVERVIEW

- Review goals, recommendations and action steps in the Behavioral Health section of the 2018-2023 Tri-County Health Improvement Plan
- Discuss goals, recommendations and action steps of the Behavioral Health section of the 2018-2023 Tri-County Health Improvement Plan
- Discuss engagement opportunities for the 2018-2023 Tri-County Health Improvement Plan

GOALS

GOAL One: Increase the Tri-County' Knowledge About Behavioral Health Issues and Services/Resources

Rationale:

Nearly one in five adults and one in four youth experience a significant behavioral health (mental health/substance use) problem each year

National prevalence rates suggest over 160,000 citizens in Tri-County experience a behavioral health disorder; more than half of these individuals likely do not receive treatment

Utilization of services for African Americans and Latinos is consistently reported as lower than that of Caucasians

Under utilization can be attributed to lack of knowledge of resources and STIGMA

Essential the we reduce inequities and increase skills that enable our citizens to recognize and manage their total health, including behavioral health

Need to conduct regional awareness campaigns as well as targeted outreach and engagement to understand populations within our community

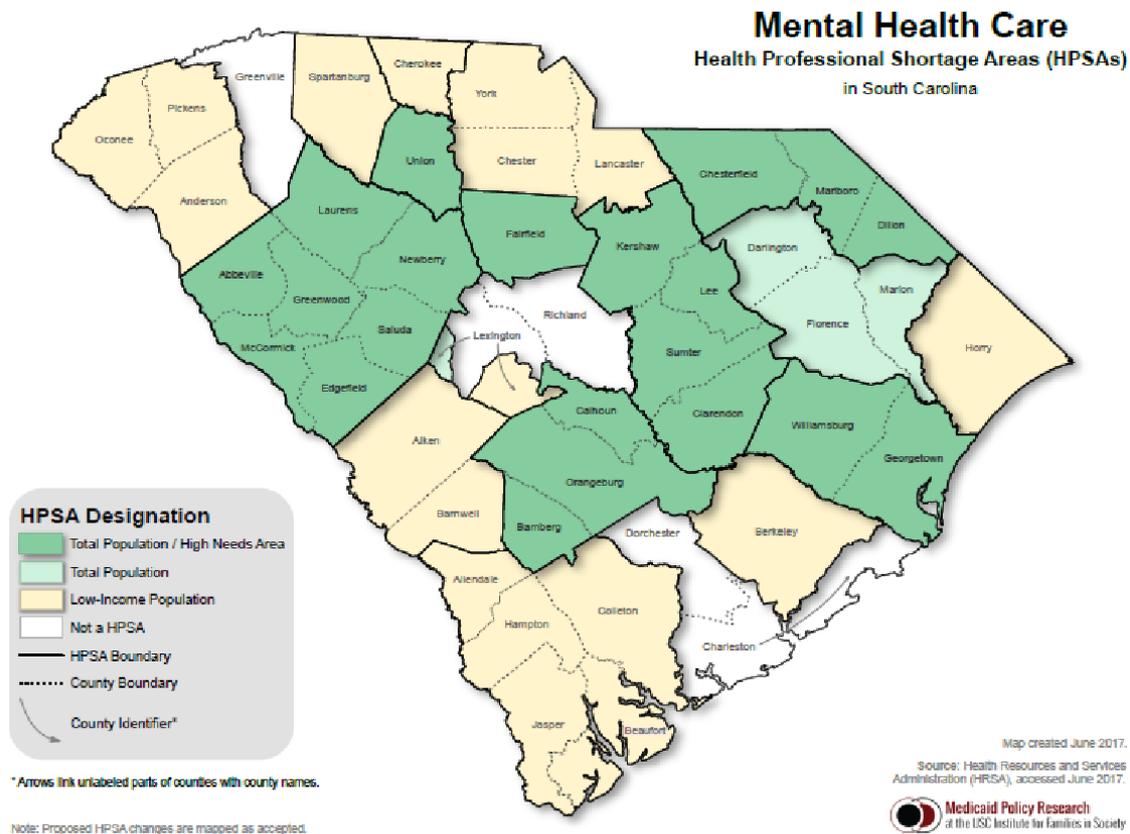


GOALS

GOAL One: Increase the Tri-County' Knowledge About Behavioral Health Issues and Services/Resources

Accomplish Through Various Forms of Community Outreach, Education, Advertising

Mental Health
Chemical Dependency
Tele Health
Inpatient and Outpatient



GOALS

GOAL Two: Improve Access to Behavioral health Services For All Citizens of the Tri-County

Rationale:

There are a number of barriers beyond knowledge of resources and stigma

Higher concentration of resources in Charleston and Dorchester Counties; Berkeley has been identified as a Health Professional Shortage Area (HPSA) within behavioral health for low-income individuals

Barriers in Tri-County area include lack of adequate insurance coverage and parity of coverage, scheduling conflicts, and transportation

Looking to increase access through collaboration and use of new strategies-telehealth

GOALS

GOAL Two: Improve Access to Behavioral health Services For All Citizens of the Tri-County

Measurement: Number of Tri-County Emergency (ED) Visits with a Level One Diagnosis for a Behavioral Health Issue

Increase Knowledge
Improve Access
Make Connection to Current Resources
Need to do Before Fully Defining Gaps

Data Source: SC Revenue and Fiscal Affairs Office Health Utilization – Online Query System, AHRQ CCS Level 1 Diagnosis Category, Mental Illness

Fiscal Years ?

All

2012 2016

2013

2014

2015

Counties ?

All Selected

Select...

Berkeley

Charleston

Dorchester

Demographics ?

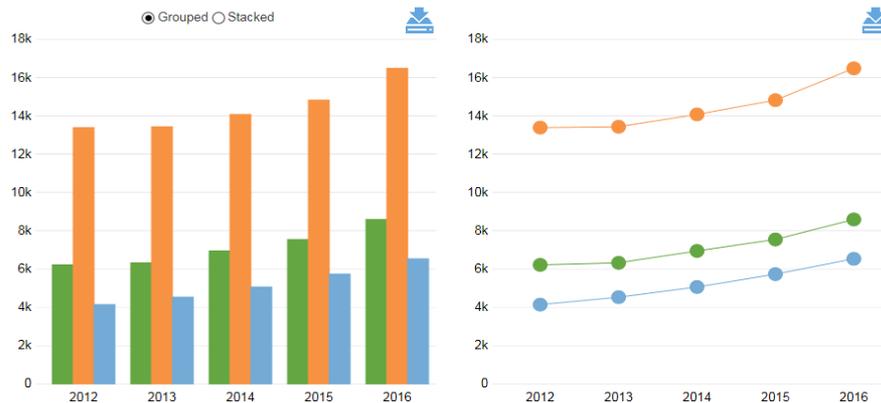
None

Age Group

Gender

Race

Behavioral Health Patients for Berkeley, Charleston and Dorchester



RECOMMENDATIONS & ACTION STEPS

RECOMMENDATION: Assess public awareness of 1) knowledge of behavioral health resources and 2) public awareness of behavioral health conditions as treatable, as measured by provider and community surveys, and increase awareness by 10% by 2023.

ACTION STEPS

1. Gather tri-county baseline data of behavioral health awareness by December 31, 2019.
2. Develop and implement an education plan for increasing public awareness of behavioral health conditions (e.g. trauma, opioid misuse, drug/alcohol misuse, depression, anxiety, suicidality) by 10% by December, 2023

RECOMMENDATIONS & ACTION STEPS

RECOMMENDATION: Identify and reduce barriers (e.g. lack of coverage, outdated legislation, and provider recruitment, training and education) to accessing behavioral health services, and expand where necessary, resulting in increased utilization of current and new behavioral health services by December 2023.

ACTION STEPS

1. Identify unknown barriers to accessing mental health services
2. Address known barrier: Support increased use of telehealth
3. Address known barrier: Increase available behavioral health treatment facilities (inpatient and outpatient)
4. Identify and increase current utilization of community health workers including but not limited to Public Health Workers, Care Coordinators/Navigators, Nurse Navigators, Patient Advocates as referral sources for behavioral health providers and to ensure behavioral health patient engagement.

GROUP DISCUSSION

What questions or feedback do you have?

What additional opportunities do you see for TCHIP implementation specific to Behavioral Health?



JOIN US!

Commitment

Participate in one meeting per month

Volunteer 4-6 hours per month (meetings & independent efforts)

TCHIP Workgroup Meetings

4th Friday, every other month, 12-2pm

Next meeting: Jan 25th, 2019

Behavioral Health Subcommittee Meeting

2nd Wednesday, every other month, 3:00-4:30

Next Meeting: November 14th at the Trident Literacy Center



Collectively we can and will make this happen!



Our Health, Our Future

.....
The Tri-County Health Improvement Plan 2018-2023

Berkeley | Charleston | Dorchester



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